How not to: Get Phished

Everything you need to know about phishing and how to avoid it!



What is Phishing?

Phishing uses **manipulative emails or messages** to gather sensitive data, commit financial fraud or steal digital identities.



How are you targeted?

Phishing messages arrive mostly through email and messenger services.

Any highly targeted phishing attack is called **Spear phishing.**



How can you protect yourself?





Have a Social Media Hygiene

- Check privacy settings of your accounts
- · Be mindful about what you post
- Be aware of meta data¹

Implement technical measures

- Use multi-factor authentication²
- Regularly update your software





Communicate carefully

- Think before your click any links or buttons
- · Follow the need-to-know principle
- Classify your information
- · Check the email sender address



Recognize a phishing attack

- Double check unusual requests using other channels
- Be suspicious of:
 - Messages pressuring you into direct action
 - Messages from an unknown number or email address
 - Messages with call-to-action to follow a link or button
- Think twice when a message doesn't address you directly but is kept general

¹ Definition *Meta Data*: A set of data hidden in the description of a file. For example, information about location coordinates, author, time of creation and more.

You think you got phished?

Report & Support

- You identified a phishing attack?
 Use the *Report Message* button in Outlook or open a ticket for your organization.
- You suspect a virus infection?

 Disconnect your client or mobile device from the network (WLAN and LAN) and contact your local IT support through other channels (i.e. colleague)
- You suspect a data theft (login, password, etc)?
 Open a ticket to report it at your organization.



How should you handle private phishing attacks?

- Verify the sender using different channels and official contact details to double-check your suspicion
- Change your passwords (i.e. online banking, social media accounts, mobile phone, etc)
- **Block bank account**, check payment services (i.e. debit card charges, paypal, etc), contact you banking institutions
- Possibly file charges with the authorities
- For applications, use their in-built report feature